

**Nutrition for Deli Pasta Entrée Items**

<b>Product Name</b>	<b>Serving Size (oz)</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat (g)</b>	<b>Sat Fat (g)</b>	<b>Trans fats (g)</b>	<b>Cholesterol (mg)</b>	<b>Sodium (mg)</b>	<b>Carbohydrates (g)</b>	<b>Dietary Fiber (g)</b>	<b>Sugars (g)</b>	<b>Protein (g)</b>	<b>Gluten Free Ingred.</b>	<b>Allergens</b>
Cannelloni, Meat (with Marinara)	4 oz.	203	88	9.8	4.2	0	46	557	16	1	3	12	N	Milk, Egg, Wheat
Cannelloni, Spinach Artichoke (with Marinara)	4 oz.	175	73	8	2.7	0	15	573	18	1.2	5	6	N	Milk, Egg, Wheat
Lasagna, Meat	4 oz.	199	102	11.4	7.3	0.1	45	435	13.1	0.7	3.5	11.5	N	Milk, Egg, Wheat
Lasagna, Mexican	4 oz.	271	165	18.4	10.6	0	63.8	388	9.1	1.1	1.6	16	N	Milk, Egg, Wheat
Lasagna, Mexican Meal	21oz	1142	527	58.5	31.4	0.3	270.5	1929	103.4	6.5	29.9	47.7	N	Milk, Egg, Wheat
Lasagna, Roasted Vegetable	4 oz.	174	79	8.8	3.5	0	29.1	315.4	15	1.6	3.5	8	N	Milk, Egg, Wheat
Lasagna, Seafood Rollups	4 oz.	298	132	14.7	6	0	64	530	31	2	3.8	9.4	N	Milk, Egg, Wheat, Soy, Shellfish
Mostaccoli, Baked Four Cheese	4 oz.	208	86	9.6	4.1	0	32.8	472.5	20	1.1	4.3	8.2	N	Milk, Egg, Wheat
Mostaccoli, Meat Sauce	4 oz.	174	56	6.2	4.3	0	15	280	21	1	4	8	N	Milk, Wheat
Pasta, Alfredo	4 oz.	196	66	7.3	4.1	0	19	430	23	1	2	8	N	Milk, Wheat, Soy
Pasta, Alfredo with Chicken	4 oz.	166	54	6	2.9	0	45.5	433.2	11.5	0.4	1.3	15.1	N	Milk, Wheat, Soy
Pasta, Breaded Cannelloni	4 oz.	175	73	8	2.7	0	15	573	18	1.2	5	6	N	Milk, Egg, Wheat
Pasta, Cheese Manicotti	4 oz.	205	100	11	4.8	0	34	483	17	0.6	4.8	7	N	Milk, Egg, Wheat
Pasta, Chicken Parmesan Meal	9.3 oz	452	99	11	1.9	0	122.9	828.9	52.8	2.7	5.3	31.6	N	Milk, Egg, Wheat
Pasta, Con Broccoli	4 oz.	163	68	7.6	4.2	0	19	482	16	1.1	2.7	6.7	N	Milk, Wheat, Soy
Pasta, Con Broccoli with Chicken	4 oz.	168	82	9.1	5	0	35.2	404.9	10.8	0.8	2	10.2	N	Milk, Wheat, Soy
Spaghetti with Marinara	4 oz.	178	46	5.2	0.9	0	1.8	252.5	26	2	4	5	N	Milk, Wheat
Spaghetti with Meatballs	4 oz.	216	93	10.3	6.8	0	51	399	17	1.1	3.7	12.1	N	Milk, Egg, Wheat
Spaghetti with Meat Sauce	4 oz.	164	57	6.3	4.1	0.1	14	307	20	1.3	4	8	N	Milk, Wheat