

Nutrition for Deli Pasta Entrée Items

Product Name	Serving Size (oz)	Calories	Calories from fat	Total Fat (g)	Sat Fat (g)	Trans fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)	Gluten Free Ingrid.	Allergens
Cannelloni, Meat (with Marinara)	4 oz.	203	88	9.8	4.2	0	46	557	16	1	3	12	N	Milk, Egg, Wheat
Cannelloni, Spinach Artichoke (with Marinara)	4 oz.	175	73	8	2.7	0	15	573	18	1.2	5	6	N	Milk, Egg, Wheat
Florentine Pesto Alfredo	4 oz.	267	128	14.2	3.7	0.1	15.6	308.3	22	1.4	3.6	7.3	N	Milk, Soy, Wheat, Nut(Almond)
Lasagna, Meat	4 oz.	199	102	11.4	7.3	0.1	45	435	13.1	0.7	3.5	11.5	N	Milk, Egg, Wheat
Lasagna, Mexican	4 oz.	271	165	18.4	10.6	0	63.8	388	9.1	1.1	1.6	16	N	Milk, Egg, Wheat
Lasagna, Mexican Meal	21oz	1142	527	58.5	31.4	0.3	270.5	1929	103.4	6.5	29.9	47.7	N	Milk, Egg, Wheat
Lasagna, Roasted Vegetable	4 oz.	174	79	8.8	3.5	0	29.1	315.4	15	1.6	3.5	8	N	Milk, Egg, Wheat
Lasagna, Seafood Rollups	4 oz.	298	132	14.7	6	0	64	530	31	2	3.8	9.4	N	Milk, Egg, Wheat, Soy, Shellfish
Mostaccoli, Baked Four Cheese	4 oz.	208	86	9.6	4.1	0	32.8	472.5	20	1.1	4.3	8.2	N	Milk, Egg, Wheat
Mostaccoli, Meat Sauce	4 oz.	174	56	6.2	4.3	0	15	280	21	1	4	8	N	Milk, Wheat
Pasta, Alfredo	4 oz.	196	66	7.3	4.1	0	19	430	23	1	2	8	N	Milk, Wheat, Soy
Pasta, Alfredo with Chicken	4 oz.	166	54	6	2.9	0	45.5	433.2	11.5	0.4	1.3	15.1	N	Milk, Wheat, Soy
Pasta, Breaded Cannelloni	4 oz.	175	73	8	2.7	0	15	573	18	1.2	5	6	N	Milk, Egg, Wheat
Pasta, Cheese Manicotti	4 oz.	205	100	11	4.8	0	34	483	17	0.6	4.8	7	N	Milk, Egg, Wheat
Pasta, Chicken Parmean Meal	9.3 oz	452	99	11	1.9	0	122.9	828.9	52.8	2.7	5.3	31.6	N	Milk, Egg, Wheat
Pasta, Con Broccoli	4 oz.	163	68	7.6	4.2	0	19	482	16	1.1	2.7	6.7	N	Milk, Wheat, Soy
Pasta, Con Broccoli with Chicken	4 oz.	168	82	9.1	5	0	35.2	404.9	10.8	0.8	2	10.2	N	Milk, Wheat, Soy
Spaghetti with Marinara	4 oz.	178	46	5.2	0.9	0	1.8	252.5	26	2	4	5	N	Milk, Wheat
Spaghetti with Meatballs	4 oz.	216	93	10.3	6.8	0	51	399	17	1.1	3.7	12.1	N	Milk, Egg, Wheat
Spaghetti with Meat Sauce	4 oz.	164	57	6.3	4.1	0.1	14	307	20	1.3	4	8	N	Milk, Wheat