

Nutrition for Speciality Case Paninis, Pizzettas & Subs (Select Stores)

Product Name	Serving Size	Calories	Total Fat (g)	Sat Fat (g)	Trans fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Includes Added Sugars(g)	Protein (g)	Vitamin D(mcg)	Calcium(mg)	Iron(mg)	Potassium(mg)	Gluten Free Ingrid.	Allergens
Panani																		
Caprese Fresh Mozzarella	1	810	43	15	0	70	890	75	1	2		29	0	575	1	171	N	Wheat, Milk, Almonds
Cranberry Turkey Cheddar	1	700	29	9	0	90	2240	70	7	17		39	0	327	6	116	N	Wheat, Milk, Egg, Soy
Grilled Veggie Pesto	1	800	42	11	0	45	1080	80	2	4		25	0	287	2	311	N	Wheat, Milk, Almonds
Mesquite Club Combo	1	750	40	11.8	0	95	2762	60	6	11		47.5	0	242	6	3	N	Wheat, Milk, Egg, Soy
Napa Grilled Chicken	1	720	32	10	0	90	1300	72	1	3		35	0	207	1	338	N	Wheat, Milk, Egg
Primo Italian	1	850	47	15	0	95	2540	69	0	1		37	0	171	1	13	N	Wheat, Milk, Egg
Rueben	1	830	47	16	*0.5	115	2860	60	6	6		41	0	705	4	4	N	Wheat, Milk, Egg
Smoked Ham Pretzel	1	497	25	9	0	71	1308	37	2	5		29	0	164	0	17	N	Wheat, Milk, Egg
Smoked Turkey Pretzel	1	483	22	9	*.2	71	1466	40	2	8		29	0	164	0	17	N	Wheat, Milk, Egg
Turkey Pesto Roasted Tomato	1	793	36	2	0	50	1895	74	7	12		34	0	209	6	42	N	Wheat, Milk, Egg, Soy, Almonds
Zesty Beef Ciabatta	1	800	37	14	0	95	2140	79	2	3		36	0	226	1	168	N	Wheat, Milk, Egg, Soy
Breakfast-Florentine	1	480	23	9	0	450	930	42	2	3		26	1	266	4	271	N	Wheat, Milk, Egg
Breakfast-Egg & Cheese	1	440	21	10	0	460	680	37	1	<1		26	1	53	4	134	N	Wheat, Milk, Egg
Breakfast-Egg Cheese & Bacon	1	520	28	13	0	470	930	37	1	<1		30	1	53	4	134	N	Wheat, Milk, Egg
Breakfast-Egg Cheese & Ham	1	470	22	11	0	475	990	39	1	2		30	1	53	4	134	N	Wheat, Milk, Egg
Breakfast-Egg Cheese & Sausage	1	630	38	17	0	505	1060	38	1	1		33	1	53	4	134	N	Wheat, Milk, Egg, Soy
Breakfast-California	1	580	32	10	0	450	1180	43	2	2		29	1	408	5	219	N	Wheat, Milk, Egg
** Based on 2 servings per Pizzetta																		
Pizzetta's																		
Artisan 5-Cheese**	5.26	440	25	10	0	50	1090	36	2	4		18	0	362	2	70	N	Wheat, Milk
Bob's BBQ Chicken**	6.82	480	20	10	0	60	1260	51	2	19		23	0	437	1	99	N	Wheat, Milk
Bob's Hawaiian **	6.92	490	21	9	0	75	1200	42	2	11		33	0	342	1	19	N	Wheat, Milk, Soy
Breakfast- Meatlovers**	7.59	570	35	14	0	285	1600	35	2	4		28	0	212	1	27	N	Wheat, Milk

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Breakfast-Denver Omelet**	7.56	450	23	11	0	265	1450	37	2	4		24	0	259	2	54	N	Wheat, Milk
Buffalo Chicken**	7.23	550	35	11	0	70	1670	36	2	4	24	24	0	379	1	164	N	Wheat, Milk, Egg
Cheese**	4.7	350	17	3.5	0	40	1150	34	2	4		16	0	193	1	2	N	Wheat, Milk
Cheeseburger**	6.43	460	23	11	0	70	1250	36	2	5		26	0	468	2	196	N	Wheat, Milk
Chicken Enchilada**	6.38	440	24	10	0	65	1150	36	2	3		20	0	273	1	45	N	Wheat, Milk, Soy Egg
Grilled Rustic Veggie**	6.78	530	31	11	0	50	990	42	3	5		20	0	522	2	236	N	Wheat, Milk, Almonds
Margaretta**	6.14	480	28	12	0	55	910	36	2	3		19	0	298	1	122	N	Wheat, Milk, Almonds
Meatlovers**	6.7	590	37	16	0	80	1630	35	3	4		29	0	501	2	135	N	Wheat, Milk
Mediterranean Chicken & Feta**	7.16	470	24	11	0	70	1330	38	4	4		25	0	468	1	195	N	Wheat, Milk, Soy Egg
Octoberfest**	5.96	430	24	9	0	50	1200	37	2	4		17	0	235	1	69	N	Wheat, Milk, Soy
Pepperoni**	5.09	410	22	10	0	30	1340	35	3	4		18	0	194	1	30	N	Wheat, Milk
Philly Cheesesteak**	8.34	560	29	15	0	95	1680	40	2	5		35	0	240	2	340	N	Wheat, Milk, Soy Egg
Sausage Pepperoni**	5.78	470	26	12	0	35	1450	36	3	4		22	0	212	2	109	N	Wheat, Milk
Sausage**	5.86	460	25	11	0	35	1390	36	3	5		22	0	214	2	136	N	Wheat, Milk
Southwest Fiesta Chicken**	6.94	490	27	11	0	70	1130	39	3	3		22	0	410	2	161	N	Wheat, Milk, Soy Egg
St Louis Toasted Ravioli**	8.53	620	31	12	0	50	1650	61	3	6		26	0	375	2	85	N	Wheat, Milk, Soy Egg
Thai**	6.04	400	16	7	0	45	1060	42	3	9		23	0	408	1	226	N	Wheat, Milk, Soy, Peanut
Hot Subs																		
Bob's Hog Heaven	1	1300	64	24	0	125	2880	130	3	35		50	0	563	2	341	N	Wheat, Milk, Egg, Soy
Buffalo Chicken	1	670	26	9	0	95	2050	76	0	<1		33	0	191	1	442	N	Wheat, Milk, Egg
French Dip	1	650	21	7	2	90	2330	83	0	0		33	0	94	0	158	N	Wheat, Milk
French Dip with Onion Mushrooms	1	740	26	7	0	100	2270	90	<1	2		37	0	111	0	203	N	Wheat, Milk
Philly Beef with Cheese	1	850	30	8	0	120	2130	103	1	2		43	0	132	0	142	N	Wheat, Milk
Desserts																		

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Apple Cinnamon Cobblestone Bread Pudding	4.51	270	9	4	0	95	400	40	1	25	11	6	1	116	1	101	N	Wheat, Milk, Egg, Soy, Almonds
Carrot Cake	4.15	440	28	9	0	85	420	43	2	31		4	0	1	0	5	N	Wheat, Milk, Egg, Soy
Chocolate Fudge Brownie	4.98	460	17	5	0	75	400	72	2	49	0	5	0	2	0	21	N	Wheat, Milk, Egg, Soy
Lemon Bar	3.17	470	26	9		115	340	52	0	32		6					N	Wheat, Milk, Egg, Soy
Molten Chocolate Brownie Cake	6.78	860	58	35	0	275	490	74	2	52		10	1	51	1	260	N	Wheat, Milk, Egg, Soy
New York Style Cheesecake	3.98	360	20	6	0	75	140	39	1	27		6		130	0.72		N	Wheat, Milk, Egg, Soy
Old Fashioned Oatmeal Raisin Giant Cookie	4.25	390	5	3	0	50	260	78	5	50		7		78	4		N	Wheat, Milk, Egg
Rustic Apple Pie Tart	6.34	450	22	10	0	10	420	58	2	24		4		0	2		N	Wheat, Milk, Egg
Triple Chocolate Chunk Gourmet Giant Cookie	4.25	530	22	12	0	50	310	77	3	52		6		26	3		N	Wheat, Milk, Egg, Soy
Warm Apple Craisin Crisp	13.47	1440	80	10	0	10	330	165	16	107	18	15	0	165	4	448	N	Wheat, Milk, Egg, Soy

*naturally occurring amounts